



# Lifelong LEARNING

**Winter 2026**

**Jan 5- Feb 12, 2026**

**Classes are Tuition Free**

*...An opportunity to participate in unique education programs designed for interested people of all ages*

### **The Simple Life**

*Discover how philosophical traditions of simple living can transform your life.*

LLS 26 #1631      REMOTE      Tuesday      10:00am.-12:00pm.      Sandra Ferguson  
01/05-02/12/2026

### **Discovering Yourself Through Memoir Writing and More**

*Invites you to unlock your life's most meaningful stories and transform them into powerful, personal insights.*

LLS 30 #1558      REMOTE      Wednesday      1:00pm.-3:00pm.      Meredith Rish  
01/05-02/12/2026

### **Film Appreciation**

*Takes you inside the art of cinema, helping you watch movies with a sharper eye, deeper understanding, and greater enjoyment.*

LLS 72 #1557      MP-213/Garfield Campus      Thursday      1:00pm.-3:30pm.      Sandra Ferguson  
01/05-02/12/2026

### **Acting Improvisation**

*Discover your inner performer through engaging theater games and improvisations.*

LLS 80 #1632      TR-211/Garfield Campus      Monday      10:00am.-12:00pm.      Karen Baughn  
01/05-02/12/2026

### **Art History**

*Explores the stories, styles, and cultural forces behind great works of art across time.*

LLS 90 #1633      REMOTE      Thursday      10:00am.-12:00pm.      Garret Camilleri  
01/05-02/12/2026

### **Ancient Civilization of the World**

*Explore the remarkable achievements, daily life, and lasting impact of ancient civilizations on our modern world.*

LLS 141 #1663      Sparr Heights      Friday      12:45pm.-2:45pm.      Daniel Sprankle  
01/05-02/12/2026

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Glendale Community College Lifelong Learning Seminars offers classes designed for mature adults seeking

**Register on line at [www.glendale.edu](http://www.glendale.edu)** for further information, please call **(818) 240-1000 ext. 5690.**

**Locations:** Glendale Community College Garfield Campus / 1122 E. Garfield, Glendale, CA 91205  
Sparr Heights Community Center / 1613 Glencoe Way, Glendale, CA 91208