

# EOPS NEWSLETTER

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**WELCOME TO THE 2025-2026 ACADEMIC YEAR,  
VAQUEROS!**

It is with great pleasure that we welcome our new and continuing GCC students to the new academic year! To all our EOPS, CARE, and FYSP students, we wish you a semester filled with success, growth, and meaningful experiences. May this year bring you new knowledge, opportunities for self-discovery, and both academic and personal achievement. Remember, EOPS is here to support, guide, and empower you every step of the way. Always strive for your highest potential!

Our team has been working hard to ensure you have the support you need to thrive. Take a few moments to browse this newsletter to meet our new student partners and peer mentors and stay up to date on important dates. As well, discover upcoming workshops and events designed to build a healthier you, shape your future with purpose, stay connected and on track for success.

***“Success is not the key to happiness.  
Happiness is the key to success. If you love  
what you are doing, you will be successful.”  
– Albert Schweitzer***

***Belong, Believe, Become... with EOPS***

# EOPS COUNSELING DATES

All EOPS students are required to complete 3 EOPS counseling contacts during the Fall 2025 semester (September 2nd- December 17th). ***One of the three required contacts can be completed by attending an event or workshop listed under Fall 2025 EOPS workshops & events.***

- Counseling Appointments are available in-person, by phone and online through Zoom. Use the [EOPS Appointment Request Form](#) to schedule your next appointment.
- Drop In Counseling is available each week. Visit the [EOPS home page](#) to view the weekly schedule. [Click here](#) to read more about how to access and use Drop-in Counseling.



## TEXTBOOKS



Your fall 2025 EOPS Book Voucher is available to use now through November 3, 2025. Purchase your books in-person at the bookstore or through the [GCC Bookstore website](#). Log in to MyGCC and find your [EOPS/CARE/FYSP](#) page to determine your book voucher eligibility.

**Spread the word!**

**EOPS is accepting program admission applications now for fall 2025!**

# MEET OUR NEW STUDENT PARTNERS & PEER MENTORS

## Arpi Kantsian

I am majoring in Early Childhood Education and my goal is to become a certified child growth and development professional.



A fun fact about me is that I enjoy working with children because their creativity and curiosity inspire me. I also love learning new things and challenging myself to grow every day.

## Ofelya Alverdyan

I'm currently studying General Office at GCC, and working as a student worker in the EOPS office.



I have a strong passion for photography and videography. My current interest is in cinematic photography and storytelling. I also run a blog where I create and share food recipes.

## Gohar Nikogosian

I am currently a Nutrition major at GCC. I have started my student journey by taking ESL classes here. Now, I am also part of EOPS as a student partner. With patience and support, I try to guide other students like a GPS in finding the answers they need. One fun fact about me is that both my son and I are GCC students, and we are taking the same class in Fall 2025.



## Elen Pilosyan

This is my second year studying at GCC. I am majoring in Business Administration and Real Estate Appraisal.

## Inez Segura

Hi everyone! I'm Inez Segura, a Nursing major at GCC and a proud student partner at EOPS since fall 2025. I genuinely enjoy connecting students with our amazing EOPS counselors and supporting them during events. Meeting new people and making those connections is one of my favorite parts of the job. I also love working alongside my fellow student partners and our incredible supervisors—we always function as a team, which is something I truly value in a workplace.

I'm grateful for all the experiences and lessons I've gained here at GCC; they have truly been the highlight of my academic journey.



## Bella Ter Zakaryan



Hi everyone! I'm studying Psychology. I love learning all about human behavior, emotions, challenges, and personal growth. One fun fact about me is that I've learned to play the guitar, but I haven't had the chance to practice it yet.

Starting school can feel both exciting and overwhelming, and that's why peer mentors are here. As a peer mentor, my goal is to be a friendly guide you can turn to for support, provide tips, or even just a listening ear. May this semester bring you new opportunities, accomplishments, and confidence along the way!

Hi, my name is Angel. I am a current student mentor with the EOPS program. In my own life I am a Studio Arts major and a tattoo artist. I have spent my entire adult life chasing as many life experiences as possible in the hopes of shaping myself into a decently well-rounded individual. This has led me to many strange places and given me a million stories to tell. (Please ask about them, I probably find them more entertaining than anyone who hears them) I now hope that this experience may be useful in supporting students who hope to make the most of life and push themselves to dedicate themselves to personal growth. Whether it is helping develop the skills necessary to achieve one's goals or simply supporting others through hardship, I am ready to dedicate all my time and effort to the betterment of others' lives.

## Angel Ortiz





# FALL 2025 EOPS WORKSHOPS

Join us this semester for great workshops focusing on personal and academic growth and building community with your EOPS peers. Attendance at one workshop will count as one of your required contacts for the Fall 2025 semester. Complete two workshops to be eligible for a goody bag.

## HEALTHIER YOU SERIES

THURSDAY, 10/23/25  
12:30-1:30PM SV 223

**GROUND:** Know Yourself to Treat Yourself Better/Exploring Your Inner World

WEDNESDAY, 11/19/25  
12:30-1:30PM SV 222

**GROW:** Habits and Health/ Building Balance Through Choice

WEDNESDAY, 12/3/25  
12:30-1:30PM SV 222

**GLOW:** Resilience Through Relationships/Building and Nurturing Connections

## HIDDEN CURRICULUM SERIES

TUESDAY, 9/16/25  
1:00-2:00PM SV 223

**Classroom Confidence:** How to Show Up & Stand Out

WEDNESDAY, 10/15/25  
3:00-4:00PM SV 223

**Navigating College Academic Language**

TUESDAY, 11/11/25  
12:30-1:30PM SV 223

**Community Cultural Wealth**

## VISION BOARD WORKSHOP

MONDAY, 11/3/25  
12:30-1:30PM SV 222

**Powerful Me:** Envisioning Our Future with Purpose

**SIGN UP FOR WORKSHOPS BY  
SCANNING THE QR CODE:**



# Fall 2025 EOPS Events

## EOPS Outdoor Movie Night

**Event:** EOPS Movie Night – Ponyo

**Date:** Friday, October 10th

**Time:** 6:00 PM

**Location:** Verdugo Plaza, Glendale Community College

- 🍔🥤 Food and drinks will be available
- 👨👩👧👦 Bring family and friends
- 🪑 Bring blankets and chairs for seating

## 🎉 Save the Date! 🎉

**December 11th – 17th is Finals Week... and EOPS has your back!**



We're bringing you a full week of fun, support, and stress-busting events to help you power through your finals like a champ!

✨ From snacks and goodie bags to self-care – we've got something for everyone!

✉ More details coming soon — so keep an eye on your GCC email!  
You won't want to miss it!