

DANCE138 : Latin Ballroom Dance

General Information

Author:	<ul style="list-style-type: none">Victor Robles
Course Code (CB01) :	DANCE138
Course Title (CB02) :	Latin Ballroom Dance
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000574695
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 138 provides students with practical experience in Latin Ballroom dance. Students will learn popular Latin Ballroom dances such as Cha-Cha, Samba, Rumba, Mambo, Merengue, and Paso Doble.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	
Author:	
Course Family:	

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Dance
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course.	Course Special Class Status (CB13) Course is not a special class.	Grading Basis <ul style="list-style-type: none">Grade with Pass / No-Pass Option
<input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Pre-Collegiate Level (CB21) Not applicable.	Course Support Course Status (CB26) Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	09/02/2008	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1.5
Maximum Credit Units (CB06)	1.5
Total Course In-Class (Contact) Hours	45
Total Course Out-of-Class Hours	36
Total Student Learning Hours	81

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	1.5	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	18
Laboratory	27
Studio	0
Total	45

Course Out-of-Class Hours

Lecture	36
Laboratory	0
Studio	0
Total	36

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

Entry Standards

Entry Standards

Read, write, and converse in English.

Add, subtract, and multiply.

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Laboratory

Methods of Instruction	Discussion			
Methods of Instruction	Multimedia			
Methods of Instruction	Collaborative Learning			
Methods of Instruction	Demonstrations			
Methods of Instruction	Field Activities (Trips)			
Methods of Instruction	Guest Speakers			
Methods of Instruction	Presentations			
Out of Class Assignments				
<ul style="list-style-type: none"> • Attendance of GCC Dance Department performance • Online research of the development of Latin ballroom technique from the 1920s to 1950s • Written essay evaluating performance attended 				
Methods of Evaluation	Rationale			
Exam/Quiz/Test	Final exams			
Activity (answering journal prompt, group activity)	Class participation in critiques, analysis, and evaluation of dance performance			
Exam/Quiz/Test	Written exams			
Exam/Quiz/Test	Movement exams			
Exam/Quiz/Test	Evaluation of written essays			
Exam/Quiz/Test	Midterm exam			
Textbook Rationale				
No Value				
Textbooks				
Author	Title	Publisher	Date	ISBN
Enchufa, Marisol	Handbook of Salsa Dance: Positions	Independently published	2020	978-8636711605

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Identify basic Latin ballroom dance elements.

Demonstrate and explain proper alignment in turn patterns.

Perform a basic Latin ballroom combination.

Reproduce a basic Latin ballroom dance and patterns in center floor demonstrating comprehension and coordination of musicality, footwork patterns, and partnering.

Examine the application of Latin ballroom styles and techniques as utilized in live, video, and in class performances.

Discuss the development of Latin ballroom technique from the 1920s to the 1950s.

SLOs

Identify and define basic Latin ballroom terminology in warm up, partner, and center floor work in practical and written assignments.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.
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<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
	Recognize and apply methods to develop and promote a physically healthy lifestyle

<i>DANCE</i> Dance Teaching - A.S. Degree Major	Design lesson plans for children, adults, and seniors
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<i>DANCE</i> Dance Teaching - Certificate	Design lesson plans for children, adults, and seniors
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<i>DANCE</i> Choreographic Studies and Dance Technique	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.

Practice correct Latin ballroom body alignment and muscle coordination.

Expected Outcome Performance: 70.0

KIN
Kinesiology - AA-T

Demonstrate an understanding of biomechanical skills at different levels

Recognize and apply methods to develop and promote a physically healthy lifestyle

ILOs
Core ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

DANCE
Choreographic Studies and Dance
Technique

Demonstrate technical dance skills using correct body alignment and muscle coordination

Demonstrate technical dance skills using correct body alignment and muscle coordination

Demonstrate technical dance skills using correct body alignment and muscle coordination

DANCE
Dance Teaching - A.S. Degree
Major

Teach technical dance skills using correct body alignment and muscle coordination

DANCE
Dance Teaching - Certificate

Teach technical dance skills using correct body alignment and muscle coordination

Course Content

Lecture Content

Introduction (4 hours)

- Overview of Course Content
- Development of Latin ballroom style

Fundamentals of Latin Ballroom (6 hours)

- Vocabulary
- Injury prevention

Technical skills (2 hours)

- Posture and frame
- Rhythm and timing Turn
- Weight transfers
- Partner connectedness

Cha Cha (1 hour)

- Forward and back basic
- Sideways basic
- Cuban motion
- Cha Cha chasse
- Spot turn

Samba (1 hour)

- Basic step
- Box basic
- Turning basic
- Rhythm bounce
- Whisks

Mambo (1 hour)

- Forward and backward basic
- Cross body lead
- Copa
- Hammerlock turns
- Clave rhythm

Merengue (3 hours)

- Front, back, and side basic step
- Open break and four count underarm turn
- Reverse turn
- Windmill
- Two handed turn

Total Hours: 18

Laboratory/Studio Content

Introduction (0 hours)

- Overview of Course Content
- Development of Latin ballroom style

Fundamentals of Latin Ballroom (0 hours)

- Vocabulary
- Injury prevention

Technical skills (4 hours)

- Posture and frame
- Rhythm and timing Turn
- Weight transfers
- Partner connectedness

Cha Cha (5 hours)

- Forward and back basic
- Sideways basic
- Cuban motion
- Cha Cha chasse
- Spot turn

Samba (5 hours)

- Basic step
- Box basic
- Turning basic
- Rhythm bounce
- Whisks

Mambo (5 hours)

- Forward and backward basic
- Cross body lead
- Copa
- Hammerlock turns
- Clave rhythm

Merengue (8 hours)

- Front, back, and side basic step
- Open break and four count underarm turn
- Reverse turn
- Windmill
- Two handed turn

Total Hours: 27

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

GCC Major Requirements

Physical Education

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value