

DANCE129 : Hip-Hop II

General Information

Author:	<ul style="list-style-type: none">Victor Robles
Course Code (CB01) :	DANCE129
Course Title (CB02) :	Hip-Hop II
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000549785
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 129 provides further opportunities to extend students' knowledge of popular dance culture. Students will learn intermediate and advanced Hip-Hop techniques to meet the demands for dance in video and dance clubs today.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	
Author:	
Course Family:	

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Dance
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable.	Grading Basis <ul style="list-style-type: none">Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course
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General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	09/04/2007	No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1.5
Maximum Credit Units (CB06)	1.5
Total Course In-Class (Contact) Hours	45
Total Course Out-of-Class Hours	36
Total Student Learning Hours	81

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience
 Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	1.5	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	18
Laboratory	27
Studio	0
Total	45

Course Out-of-Class Hours

Lecture	36
Laboratory	0
Studio	0
Total	36

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

DANCE124 - Hip-Hop I (in-development)

Objectives

- Reproduce a basic hip-hop warm-up.
- Interpret a basic hip-hop combination.
- Examine the application of hip-hop terminology as utilized in live, video and in class performance.
- Compare the development of hip-hop technique from Breakdancing to Funk styles.

Entry Standards

Entry Standards

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction	Lecture
Methods of Instruction	Laboratory
Methods of Instruction	Discussion
Methods of Instruction	Multimedia
Methods of Instruction	Collaborative Learning
Methods of Instruction	Demonstrations
Methods of Instruction	Field Activities (Trips)
Methods of Instruction	Guest Speakers
Methods of Instruction	Presentations
Out of Class Assignments	
<ul style="list-style-type: none"> • Attendance at GCC Dance Department performances • Online research of hip-hop from the 1970's to the present • Written evaluation of the performances attended 	
Methods of Evaluation	Rationale
Exam/Quiz/Test	Final exam
Activity (answering journal prompt, group activity)	Class participation in critiques, analysis, and evaluation of dance performance
Exam/Quiz/Test	Written exams
Exam/Quiz/Test	Movement exams
Exam/Quiz/Test	Written essays
Exam/Quiz/Test	Midterm exam
Textbook Rationale	
text is classic for this course	

Textbooks

Author	Title	Publisher	Date	ISBN
Lanier, Wendy	Shall We Dance? Hip-Hop Dance	North Star Editions	2017	978-1-63517-339-0
Other Instructional Materials (i.e. OER, handouts)				
No Value				
Materials Fee				
No value				

Learning Outcomes and Objectives

Course Objectives

Reproduce an intermediate/advanced hip-hop warm-up.

Interpret an intermediate/advanced hip-hop combination.

Examine the application of hip-hop terminology as utilized in live, video and in class performance.

Compare the development of hip-hop technique from Voguing and Street Jazz to the present.

SLOs

Analyze and define intermediate/advanced hip-hop dance terminology and center work.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
	Recognize and apply methods to develop and promote a physically healthy lifestyle
<i>DANCE</i> Dance Teaching - A.S. Degree Major	Design lesson plans for children, adults, and seniors
<i>DANCE</i> Dance Teaching - Certificate	Design lesson plans for children, adults, and seniors
<i>DANCE</i> Choreographic Studies and Dance Technique	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.

<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
	Recognize and apply methods to develop and promote a physically healthy lifestyle
<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>DANCE</i> Choreographic Studies and Dance Technique	Demonstrate technical dance skills using correct body alignment and muscle coordination
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	Demonstrate technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - A.S. Degree Major	Teach technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - Certificate	Teach technical dance skills using correct body alignment and muscle coordination

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction to the Street Dance Culture (4 hours)

- Demographics as an influence
- Multi-Ethnic growth and development

Safety (4 hours)

- Body alignment
- Breathing

Intermediate Warm-up and Conditioning (2 hours)

- Cardiovascular strength
- Muscle strength
- Flexibility

Intermediate Technical Skills (2 hours)

- Coordination (legs, arms, head)
- Turns and spins
- Jumps
- Linking steps

Development of Inter. Movement Vocabulary (2 hours)

- Locking
- Jerking
- Rocking
- Freezing
- Popping
- Boogaloo
- Strut
- Clime Stop
- Wave Tick
- Twisto-flex
- Slides
- Roboting

Intermediate Performance Skills (4 hours)

- Dynamics
- Rhythm
- Presentation
- Individual interpretation
- Personal style development

Total Hours: 18

Laboratory/Studio Content**Safety (3 hours)**

- Body alignment
- Breathing

Intermediate Warm-up and Conditioning (3 hours)

- Cardiovascular strength
- Muscle strength
- Flexibility

Intermediate Technical Skills (6 hours)

- Coordination (legs, arms, head)
- Turns and spins
- Jumps
- Linking steps

Development of Inter. Movement Vocabulary (6 hours)

- Locking
- Jerking
- Rocking
- Freezing
- Popping
- Boogaloo
- Strut
- Clime Stop
- Wave Tick
- Twisto-flex
- Slides
- Roboting

Intermediate Performance Skills (9 hours)

- Dynamics
- Rhythm
- Presentation
- Individual interpretation
- Personal style development

Total Hours: 27

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

GCC Major Requirements

Physical Education

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value