

## DANCE128 : Middle Eastern Dance

### General Information

Author:	<ul style="list-style-type: none"><li>Victor Robles</li></ul>
Course Code (CB01) :	DANCE128
Course Title (CB02) :	Middle Eastern Dance
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000587392
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 128 provides students with beginning level practical experience in Belly Dance and a selection of related ethnic dance forms originating in Armenia, Egypt, Morocco, Iran, Turkey, and Afghanistan. Through discussion, study, and demonstration of the movement vocabulary, students will learn basic technical and interpretational skills. The course includes an introductory exploration of the historical and cultural context of the selected dances.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	
Author:	
Course Family:	

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Dance</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Grade with Pass / No-Pass Option

### Course Support Course Status (CB26)

Course is not a support course

## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Approved

### CSU GE-Breadth Area

E-Lifelong Learning and Self-Development

### Area

Lifelong Learning and Self-Development

### Status

Approved

### Approval Date

02/21/2007

### Comparable Course

No Comparable Course defined.

## Units and Hours

### Summary

**Minimum Credit Units (CB07)** 1.5

**Maximum Credit Units (CB06)** 1.5

**Total Course In-Class (Contact) Hours** 45

**Total Course Out-of-Class Hours** 36

**Total Student Learning Hours** 81

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

### Weekly Student Hours

In Class

### Course Student Hours

Out of Class

Course Duration (Weeks)

18

Lecture Hours	1	2
Laboratory Hours	1.5	0
Studio Hours	0	0

<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	27
Studio	0
<b>Total</b>	45

<b>Course Out-of-Class Hours</b>	
Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	36

### Time Commitment Notes for Students

No value

### Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

### Pre-requisites, Co-requisites, Anti-requisites and Advisories

No Value

### Entry Standards

Entry Standards

Read, write, and converse in English.

Add, subtract, and multiply.

### Course Limitations

Cross Listed or Equivalent Course

## Specifications

### Methods of Instruction

Methods of Instruction                      Lecture

Methods of Instruction                      Laboratory

Methods of Instruction                      Multimedia

### Out of Class Assignments

- Attendance at the GCC Dance Department performance
- Online research of Middle Eastern dance in terms of historical and cultural context
- In-class critiques, done individually and in groups

### Methods of Evaluation

#### Rationale

Exam/Quiz/Test

Final exam

Activity (answering journal prompt, group activity)

Class participation in critiques, analysis, and evaluation of dance performance

Exam/Quiz/Test

Objective exams

Exam/Quiz/Test

Movement exams

Exam/Quiz/Test

Written essays

Exam/Quiz/Test

Midterm exam

### Textbook Rationale

No Value

### Textbooks

Author	Title	Publisher	Date	ISBN
Dimoska, Ante	HowExpert-Guide to Belly Dancing: 101 + tips to learn how to belly dance from A-Z	Hot Methods	2020	978-1648914324

### Other Instructional Materials (i.e. OER, handouts)

No Value

### Materials Fee

No value

# Learning Outcomes and Objectives

## Course Objectives

Reproduce a basic middle eastern dance warm-up.

Interpret a basic middle eastern dance combination.

Examine the application of Middle Eastern dance terminology as utilized in live, video and in class performance.

Compare the development of middle eastern dance technique from the 1900's to the present.

## SLOs

**Analyze and define basic middle eastern dance terminology and center work.**

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
	Recognize and apply methods to develop and promote a physically healthy lifestyle
<i>DANCE</i> Dance Teaching - Certificate	Design lesson plans for children, adults, and seniors
<i>DANCE</i> Dance Teaching - A.S. Degree Major	Design lesson plans for children, adults, and seniors
<i>DANCE</i> Choreographic Studies and Dance Technique	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.
	Explain dance vocabulary of various dance styles.

**Practice correct posture alignment, grounding and isolation in relation to middle eastern dance forms.**

Expected Outcome Performance: 70.0

<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
	Recognize and apply methods to develop and promote a physically healthy lifestyle
<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>DANCE</i> Choreographic Studies and Dance Technique	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - Certificate	Teach technical dance skills using correct body alignment and muscle coordination

DANCE

Dance Teaching - A.S. Degree

Major

Teach technical dance skills using correct body alignment and muscle coordination

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

- **Introduction (4 hours)**
- Middle Eastern dance forms
- Middle Eastern music- rhythm
- History

### Alignment (2 hours)

- Stance
- Grounding
- Isolations

### Locomotion (2 hours)

- Hip step
- Grapevine
- Three-step turn

### Lower Torso Movements (3 hours)

- Shimmies (Egyptian)
- Large hip circle (Hip circle with dropping torso)
- Hip drop with kick
- Hip hits
- Hip slides
- Isolated hip circles
- Vertical figure eights down
- Vertical figure eights up
- Horizontal figure eights
- Pelvic circle (Omi)
- Undulation
- Egyptian eights
- Vertical hip drops
- Pelvic drop

### Upper Body Movements (3 hours)

- Shoulder shimmies
- Shoulder roll
- Shoulder accents
- Wrist circles
- Chest drop

### Rhythms (2 hours)

- Maqsoum
- Saidi
- Masmoudi Sagheer/Beledi

**Sagat (2 hours)**

- ¾ Pattern
- 2/4 Pattern

**Total Hours: 18**

**Laboratory/Studio Content**

**Alignment (4 hours)**

Stance  
Grounding  
Isolations

**Locomotion (4 hours)**

- Hip step
- Grapevine
- Three-step turn

**Lower Torso Movements (5 hours)**

- Shimmies (Egyptian)
- Large hip circle (Hip circle with dropping torso)
- Hip drop with kick
- Hip hits
- Hip slides
- Isolated hip circles
- Vertical figure eights down
- Vertical figure eights up
- Horizontal figure eights
- Pelvic circle (Omi)
- Undulation
- Egyptian eights
- Vertical hip drops
- Pelvic drop

**Upper Body Movements (5 hours)**

- Shoulder shimmies
- Shoulder roll
- Shoulder accents
- Wrist circles
- Chest drop

**Rhythms (5 hours)**

- Maqsoum
- Saidi
- Masmoudi Sagheer/Beledi

**Sagat (4 hours)**

- ¾ Pattern
- 2/4 Pattern

**Total Hours: 27**

**Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

**GCC Major Requirements**

Physical Education

**GCC General Education Graduation Requirements**

No Value

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Resources**

**Did you contact your departmental library liaison?**

No

**If yes, who is your departmental library liaison?**

No Value

**Did you contact the DEIA liaison?**

No

**Were there any DEIA changes made to this outline?**

No Value

**If yes, in what areas were these changes made:**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value