

## DANCE117 : Modern Dance Technique III

### General Information

Author:	<ul style="list-style-type: none"><li>Victor Robles</li></ul>
Course Code (CB01) :	DANCE117
Course Title (CB02) :	Modern Dance Technique III
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000549799
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 117 provides students with practical experience in contemporary/modern dance techniques and styles on an advanced level. Through exercise and discussion students will learn advanced technical skills, performance skills, and audition techniques.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	
Author:	
Course Family:	

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Dance</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

<b>Basic Skill Status (CB08)</b> Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	<b>Course Special Class Status (CB13)</b> Course is not a special class. <b>Pre-Collegiate Level (CB21)</b> Not applicable.	<b>Grading Basis</b> <ul style="list-style-type: none"><li>Grade with Pass / No-Pass Option</li></ul> <b>Course Support Course Status (CB26)</b> Course is not a support course
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## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	09/02/2008	No Comparable Course defined.

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	2
<b>Maximum Credit Units (CB06)</b>	2
<b>Total Course In-Class (Contact) Hours</b>	72
<b>Total Course Out-of-Class Hours</b>	36
<b>Total Student Learning Hours</b>	108

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience  
 Education Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	3	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	54
Studio	0
<b>Total</b>	72

#### Course Out-of-Class Hours

Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	<b>36</b>

### Time Commitment Notes for Students

No value

### Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

### Pre-requisites, Co-requisites, Anti-requisites and Advisories

#### Prerequisite

DANCE116 - Modern Dance Technique II (in-development)

#### Objectives

- Reproduce an intermediate modern warm-up.
- Interpret an intermediate modern combination.
- Examine the application of modern terminology as utilized in live, video and in class performance.
- Compare the development of modern technique from Modern Dance to second generation Modern Dance.

### Entry Standards

Entry Standards

### Course Limitations

Cross Listed or Equivalent Course

### Specifications

Methods of Instruction

Methods of Instruction                      Lecture



Jacqui Green Haas	Dance Anatomy: Second Edition	Human Kinetics, Inc	2017	978-149254170
Craine, D, and Mackrell, J.	The Oxford Dictionary of Dance	Oxford	2013	978019172 7658
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
No Value				
<b>Materials Fee</b>				
No value				

## Learning Outcomes and Objectives

### Course Objectives

Reproduce an advanced modern warm-up.

Interpret an advanced modern combination.

Examine the application of modern terminology as utilized in live, video and in class performance.

Compare the development of modern dance technique from Post Modern to Contemporary.

### SLOs

**Analyze and define advanced modern dance terminology and center work.** Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

<i>DANCE</i> Dance Teaching - Certificate	Design lesson plans for children, adults, and seniors
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<i>DANCE</i> Dance Teaching - A.S. Degree Major	Design lesson plans for children, adults, and seniors
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<i>DANCE</i> Choreographic Studies and Dance Technique	Explain dance vocabulary of various dance styles.
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	Explain dance vocabulary of various dance styles.

**Practice correct modern dance placement and dynamic alignment.** Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>DANCE</i> Choreographic Studies and Dance Technique	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
	Demonstrate technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - A.S. Degree Major	Teach technical dance skills using correct body alignment and muscle coordination
<i>DANCE</i> Dance Teaching - Certificate	Teach technical dance skills using correct body alignment and muscle coordination

## Course Content

### Lecture Content

#### Introduction (4 hours)

- Overview of course content
- Injury prevention - safety
- Review of body alignment and muscle coordination
- Review of parallel and turn-out positions

#### Advanced Terminology (6 hours)

- Six positions of feet
- Modern dance demi and grand plié
- Modern dance brushes
- Modern dance leg swings
- Contractions and releases
- Isolations

#### Advanced Exercises Across the Floor (2 hours)

- Combinations relating to moods and music
- Rhythmic combinations
- Combinations to define space and design
- Weight and directional changes

#### Advanced Kinesthetic Awareness (2 hours)

- Study of lines, shapes, and design
- Music selection
- Study of rhythmic structure in technique combinations
- Body control, fall, and recovery

#### Advanced Performance Skills (4 hours)

- Focus
- Dynamics
- Rhythm
- Presentation
- Interpretation
- Style
- Development

**Total hours: 18**

### Laboratory/Studio Content

#### Advanced Terminology (12 hours)

- Six positions of feet
- Modern dance demi and grand plié
- Modern dance brushes
- Modern dance leg swings
- Contractions and releases
- Isolations

**Advanced Exercises Across the Floor (12 hours)**

- Combinations relating to moods and music
- Rhythmic combinations
- Combinations to define space and design
- Weight and directional changes

**Advanced Kinesthetic Awareness (12 hours)**

- Study of lines, shapes, and design
- Music selection
- Study of rhythmic structure in technique combinations
- Body control, fall, and recovery

**Advanced Performance Skills (18 hours)**

- Focus
- Dynamics
- Rhythm
- Presentation
- Interpretation
- Style
- Development

**Total hours: 54****Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

**GCC Major Requirements**

Physical Education

**GCC General Education Graduation Requirements**

No Value

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Resources****Did you contact your departmental library liaison?**

No

**If yes, who is your departmental library liaison?**

No Value

**Did you contact the DEIA liaison?**

No

**Were there any DEIA changes made to this outline?**

No

**If yes, in what areas were these changes made:**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value