

COURSE OUTLINE

**Dance 133
Salsa II**

I. Catalog Statement

Dance 133 provides students with practical experience in intermediate Salsa dance. Through discussion and movement, the course emphasizes the development of coordination, rhythm, and partnering skills. Students learn intermediate salsa moves and patterns to meet the demands for dance in the commercial dance industry.

Total Lecture Units: 1.0

Total Laboratory Units: 0.5

Total Course Units: 1.5

Total Lecture Hours: 16.0

Total Laboratory Hours: 24.0

Total Faculty Contact Hours: 40.0

Prerequisite: Dance 127 or equivalent.

II. Course Entry Expectations

Skills Expectations: Reading 5; Writing 5; Listening-Speaking 5; Math 1.

Prior to enrolling in the course, the student should be able to:

1. identify and define basic Salsa dance terminology;
2. demonstrate the coordination, strength, partnering skills and rhythm required to execute the technical aspects of Salsa dance;
3. discuss developments in popular Latin dance cultures;
4. perform beginning, and intermediate Salsa combinations.

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

1. utilize intermediate Salsa dance terminology;
2. explain and demonstrate the coordination, strength, partnering skills and rhythm required to execute the technical aspects of intermediate Salsa dance;
3. analyze the developments in popular Latin dance cultures in terms of choreography, style, music selection, and technical performance;
4. perform intermediate Salsa combinations.

IV. Course Content

Total Faculty Contact Hours=40 hours

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| A. Introduction | Lecture 1 hour |
| B. Intermediate Safety | Lecture 3 hours – Laboratory 4 hours |
| 1. Body alignment | |
| 2. Breathing | |
| C. Intermediate Warm-up and Conditioning | Lecture 3 hours – Laboratory 5 hours |
| 1. Cardiovascular strength | |
| 2. Muscle strength | |
| 3. Flexibility | |
| D. Intermediate Technical Skills | Lecture 3 hours – Laboratory 5 hours |
| 1. Coordination (feet, arms, hips) | |
| 2. Turns and spins | |
| 3. Footwork | |
| 4. Linking steps | |
| E. Development of Intermediate Movement Vocabulary | Lecture 3 hours – Lab 5 hours |
| 1. Cross-body lead patterns | |
| 2. Checked turn patterns | |
| 3. Turns changing places | |
| 4. Crossed hold turn patterns | |
| 5. Double hold turn patterns | |
| 6. Hammerlock turn patterns | |
| 7. Double & triple turns | |
| 8. Dips | |
| 9. Lifts | |
| 10. Drags | |
| 11. Counter-balance tricks | |
| F. Intermediate Performance Skills | Lecture 3 hours – Laboratory 5 hours |
| 1. Dynamics | |
| 2. Rhythm | |
| 3. Presentation | |
| 4. Individual interpretation | |
| 5. Personal style development | |

V. Methods of Instruction

The following instructional methodologies may be used in the course:

1. classroom lecture and demonstration;
2. body conditioning;

3. dance step and combination practice;
4. videos and multimedia presentations;
5. in-class critiques, done individually and in groups.

VI. Out of Class Assignments

The following out of class assignments may be used in this course:

1. attendance at GCC dance department performances;
2. on-line research of the genre;
3. written evaluation of the performance attended.

VII. Methods of Evaluation

The following methods of evaluation may be used in this course:

1. movement exams;
2. class participation in critiques, analysis, and evaluation of dance performance;
3. written exams;
4. written essays;
5. final Exam.

VIII. Textbooks

Craine, Debra and Mackrell, Judith. *The Oxford Dictionary of Dance*. New York: Oxford University Press, 2010.
12th Grade Textbook Reading Level. ISBN: 0199563446

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

1. utilize intermediate Salsa dance terminology;
2. explain and demonstrate the coordination, strength, partnering skills and rhythm required to execute the technical aspects of intermediate Salsa dance;
3. analyze the developments in popular Latin dance cultures in terms of choreography, style, music selection, and technical performance.